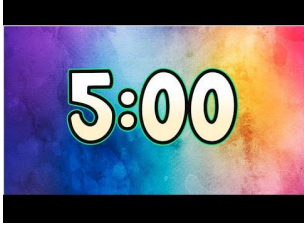
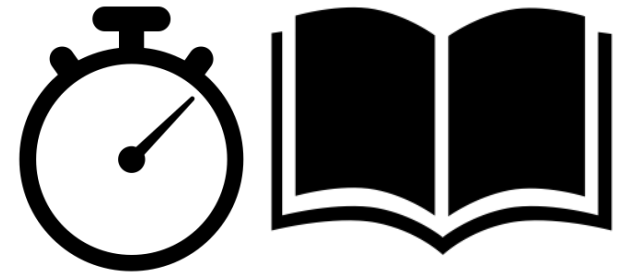


You will need;

- Print offs - leaves slide & bricks
- Post-it notes (enough for 1 each student) - use scrap paper if no post-its.



Preparing Learners for a Changing World



Our ability to **read and write** is **improved** through **practice**.

Therefore, we will **read silently** for **five minutes**.

If you aren't able to read silently now you will be asked to do so at lunch.



R E S P E C T

CHARTER

The importance of RESPECT

The School is committed to preparing learners for a changing world. In order to achieve this, all members of our community and all visitors are expected to demonstrate RESPECT in their relationships with each other and in their conduct around school.

What is RESPECT?

RESPECT refers to the basic practice of showing consideration and thoughtfulness for others. It is based on the principle that we are all equally valued members of the community. Everyone has the right to be treated with RESPECT and the responsibility to treat others with RESPECT.

Who needs to show RESPECT?

RESPECT applies to everyone who is within or who visits our school community. Everyone, without exception, is expected to show courtesy, consideration and care to others at all times.

RESPECT...

- Your environment
- Each other
- All adults
- Yourself
- The learning process



A time to reflect...



To **evaluate** yourself - to review / reflect and to plan ahead.



To **explain** where you are at this time - to assess the positives and negatives.



To **describe** how you feel at this time - identify the positives and negatives.

A time to reflect...

There are always moments in life when it makes you stop and think...

Sometimes when we are “too busy”, preoccupied or distracted, we ignore those moments.

But too often we do not appreciate the time to reflect until we treat ourselves to that time...

In our school community at the moment, there are people who are hurting and grieving from recent events or who feel vulnerable in their daily lives.



Taking to reflect on others can make us more sympathetic and supportive individuals when someone needs our help.

A time to reflect...

There are times when the wisdom within Old Verse sums up our modern lives perfectly.

This excerpt is from the Bible, and the Book Of Ecclesiastes Chapter 3.



You are going to have the chance to reflect and review using three activities.

You can choose to talk about them after you have completed your tasks or you may wish to keep things private.

The choice is yours...



Thinking Time

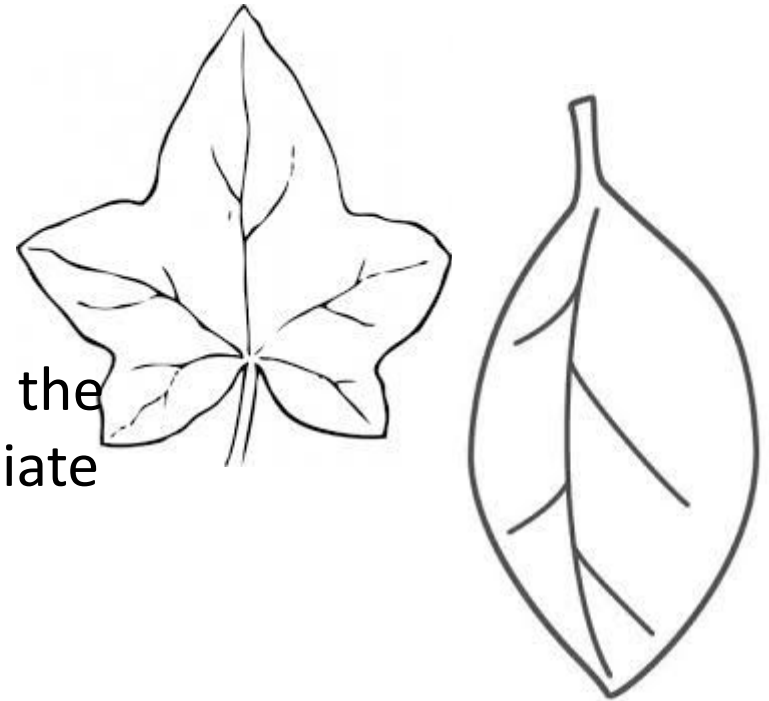
<https://www.youtube.com/watch?v=CcsUYu0PVxY>
– thoughtful background music

ACTIVITY 1 Leaves of HOPE/ REFLECTION

Option 1:

Looking ahead / Hopes – on your leaf write down what you hope for in the future. Think about things that relate to:

1. Yourself
2. Close family & friends
3. The wider world



Option 2:

Reflection & Review choice - write on the leaf/around the leaf what you appreciate and are thankful for:

1. Yourself
2. Your close friends and family
3. The wider world

ACTIVITY 2 Fear Bin

Option 1:

Looking Ahead/ Hope – on a post-it note write down the fears, concerns or worries that you want to release. Then crumple the piece of paper and place in the bin at the end.

Option 2:

Reflection & review choice - write what you are afraid of and why on your post-it note and then crumple it place in the bin at the end.

Let go of your fears!



ACTIVITY 3 Wall of Thankfulness

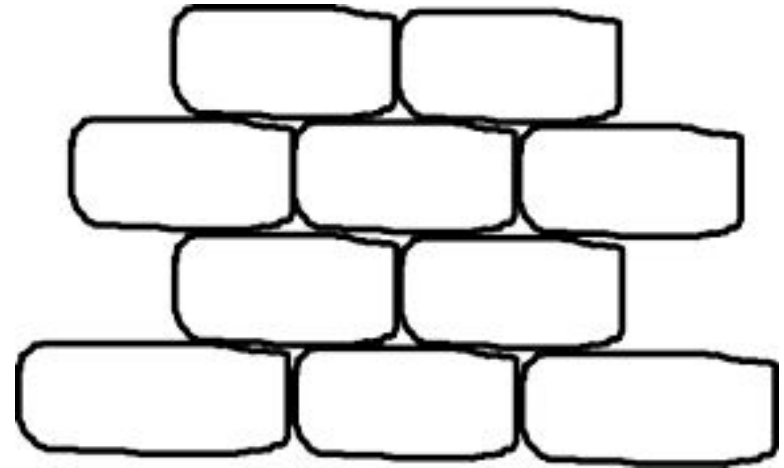
Option 1:

Looking ahead / Hopes – on the wall, pick a brick and write your thanks for something or someone that you have in your life.

Option 2:

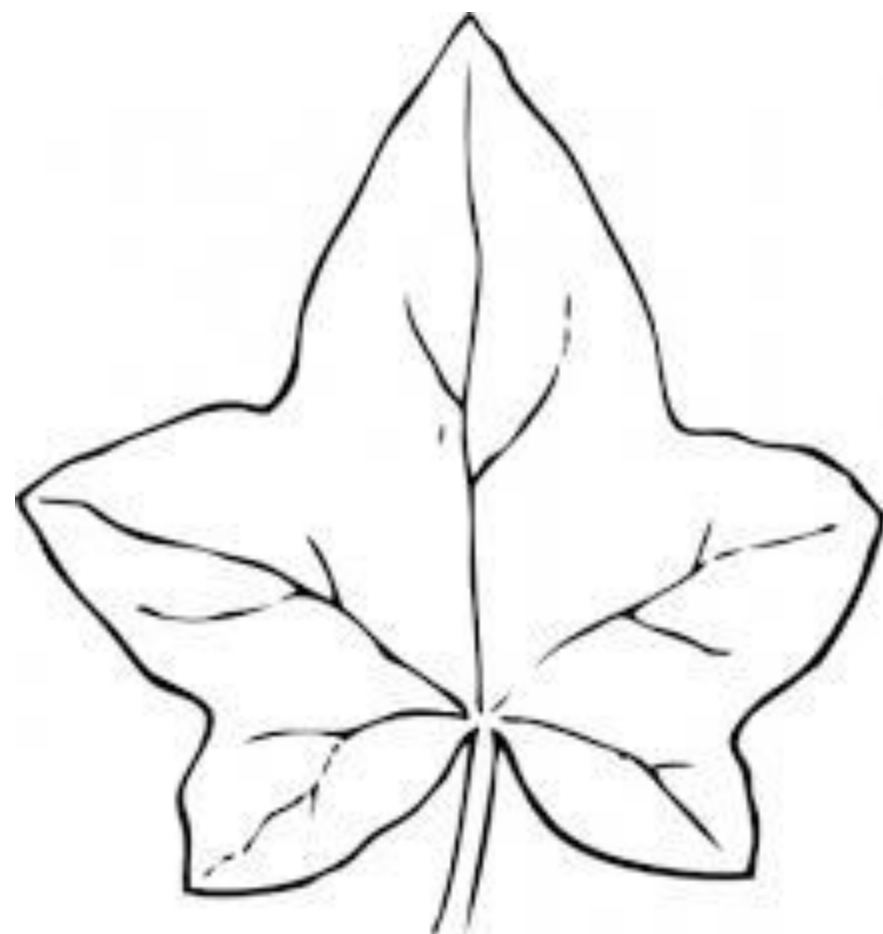
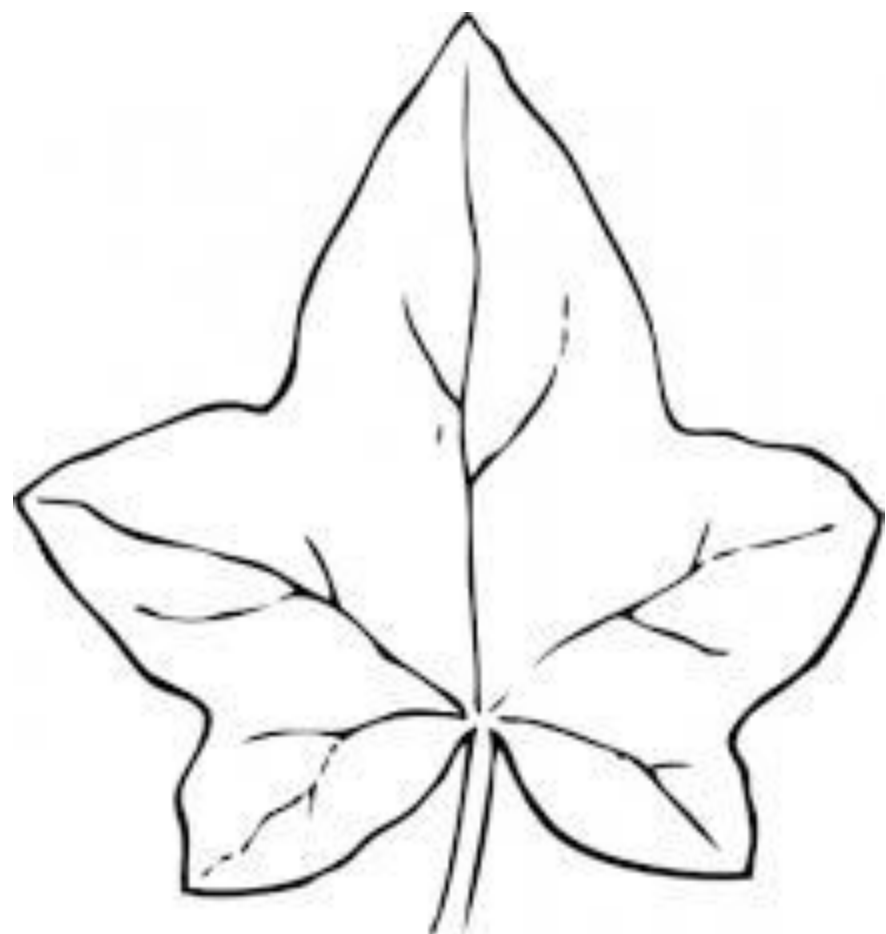
Reflection & Review choice - write something that you want to thank someone for. Something that someone has done for you.

Being thankful can help us be more positive and hopeful in our lives.



Your bricks can be put together with the rest of class and across the school for a larger wall display.







Reflecting on our reflections

**1. What was your experience of each activity?
How did each activity make you feel and why?**

2. How did others on your table feel? Why?

**3. How can giving yourself time to review
and reflect be useful in our lives?**

**4. Would you recommend
reflection and review time to your
friends and family?**

**Now that we are a reflective guru...
how can this power help others?**

**BEING
A
GOOD
LISTENER**



<https://www.youtube.com/watch?v=-BdbiZcNBXg&t=1s> manual
link for video clip "Being a Good Listener"

Now that we are a reflective guru... how can this power help others?

With your partner, take it in turns to talk and then listen.

If it's your turn to talk; feel free to talk about what is important to you or what is on your mind.

Remember the key lessons for being a good listener:

- **Be encouraging**
- **Clarify**
- **Avoid judgement**
- **Critical awareness**



Reflection

Triangle

Something **new** I have learnt today.

Something I **want** to learn more about.

Something I **knew** already.

