# Shack J MENU Shack J MENU OPEN DALLY AT LUNCH & BREAK

## **Break Menu**

Monday

Egg, Cheese and grilled bacon Muffin or Toasted Bagel

### <u>Tuesday</u>

Pizza Baguette or Blueberry Muffin

### **Wednesday**

Breakfast wrap –scrambled egg and grilled bacon on a warm tortilla wrap or Banana French Toast

### **Thursday**

Choice of Toasties Or Sourdough Crumpet

> Friday - treat day! Belgian waffle Pancakes & Syrup Cinnamon Swirl

Available daily alongside the main option will be toast – white or seeded bread fruit pots, whole fruit, crudites with hummus, yoghurts, overnight oats. Bottled water and no added sugar fruit juice.