## **FAMILIES AND COMMUNITY TEAM**



## **PARENT WORKSHOPS**

## Suicide and Self-harm Awareness (90 minutes)

Visyon's Family and Community
Wellbeing Team are pleased to offer a
90-minute Parent workshop which
will provide information, advice and
strategies to empower parents to
effectively support their children with
their wellbeing.

The Programme is available to families in Cheshire East and will be held at Oak
Tree Children's Centre in Crewe for faceto-face delivery. If you would like to book a place on the Programme, please contact lynne.fitton@visyon.org.uk, who will contact you with further details.
Places are limited and will be allocated on a first come basis.



## Parent Workshops – Suicide and Self-harm Awareness

• Wednesday 18<sup>th</sup> July 2022 at 10.30 am – 12.00 pm.