



Visyon Parent/Carer Webinars – June-July 2021

Our Parent Webinars are intended to offer information and ideas to help you in supporting your child with understanding and managing their emotions and wellbeing. These are open to parents/carers or other interested family members.

The webinars are delivered as a presentation on Zoom. As a participant you are not connected via video or audio but may interact or ask questions using the typed chat function. The webinars are delivered by Laura Kerr (Family and Schools Wellbeing Worker) and Paula Duncan (Young Person's Counsellor)

We have had really positive feedback from parents who have attended previous webinars who have said it's helped them understand their child's emotions and behaviour and offered practical strategies to try at home. Comments we received included:

"I thought it was a great insight to understanding how my daughters may be feeling. I actually found lots of it relevant to myself too".

"I really appreciate you doing these webinars. I have booked onto more as I found it excellent and really informative."

"This has been very reassuring to me as I feel like I am approaching things the right way. Thank you"

The forthcoming webinars are:

Wednesday 30th June 2021 9.30-10.30am –Supporting Your Child's Wellbeing
https://us02web.zoom.us/webinar/register/WN_zt5UPV7nQkOttOaLLu86qq

Wednesday 7th July 2021 9.30-10.30am – Supporting your Child to get better sleep
https://us02web.zoom.us/webinar/register/WN_DxsfDsVETiaAXkP4QPNpNA

Wednesday 14th July 2021 9.30-10.30am - Understanding and Managing Anxiety
https://us02web.zoom.us/webinar/register/WN_zJj5p_qtSxyag5vg8JChcO

Please click on the relevant link to register in advance for the webinar(s) you wish to attend. After registering, you will receive a confirmation email containing information about joining the webinar.

The webinars have a maximum capacity of 100 people so please let us know if you can no longer attend so we can re-allocate the places. We will have a recording available to send out after the event and will send this to all registrants. If you wish to only receive the recording please indicate this on the registration so we don't count you towards the numbers.

If you are interested in finding out about other ways in which Visyon might be able to support you and your family, please visit www.visyon.org.uk.