



Intent:

Curriculum Enhancement at HCCS provides opportunities for students to move beyond the 'academic curriculum' to truly prepare learners for a learning world. At HCCS, students engage in a Curriculum Enhancement from KS3 to KS5. This is a thematic and developmental approach covering the three core themes of PSHE, 'Health and wellbeing', 'Relationships' and 'Living in the wider world'. Our curriculum develops students' knowledge and understanding of good physical and mental health, how to manage relationships in a variety of contexts, and looking at key issues that affect everyday life. We empower our students to become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them the skills and confidence to tackle many of the moral, social and cultural issues that are part of student development. We provide our students with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Implementation:

Across the department, the curriculum is implemented through clear, shared and explicit programmes of study that reflect our Department intent. All lessons are rigorously planned, and all resources are available physically in the lesson and electronically for remote access through tutor Google Classrooms. All lessons provide personal pathways with differentiated tasks to challenge learners of all abilities. Programmes of study are constantly evolving to reflect our changing world so that students can engage with topical issues and connect their learning with real life applications. Quality of lesson delivery, teaching and assessments are monitored through a robust scrutiny process.

Collaborative, cross-curricular, embedded and explicit behaviours that demonstrate:

PSHE Overarching Concepts

- **Identity** (their personal qualities, attitudes, skills, attributes and achievements and what influences these) 2. Relationships (including different types and in different settings)
- **A healthy** (including physically, emotionally and socially) balanced lifestyle (including within relationships, work-life, exercise and rest, spending and saving and diet)
- **Risk** (identification, assessment and how to manage risk rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings)
- **Diversity and equality** (in all its forms)
- **Rights** (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts)
- **Change** (as something to be managed) and resilience (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance)
- **Power** (how it is used and encountered in a variety of contexts including persuasion, bullying, negotiation and 'win-win' outcomes)
- **Career** (including enterprise, employability and economic understanding)

PSHE Essential Skills		
The <u>intrapersonal</u> skills required for self management	The <u>interpersonal</u> skills required for positive relationships in a wide variety of settings	Skills of <u>enquiry</u>
<ol style="list-style-type: none"> 1. Critical, constructive self-reflection 2. Learning from experience to seek out and make use of constructive feedback 3. Setting challenging personal goals 4. Making decisions 5. Recognising some of the common ways our brains can 'trick us' or 'trap us' in unhelpful thinking 6. Resilience (including self-motivation, adaptability, constructively managing change including setbacks and stress) 7. Self-regulation (including managing strong emotions e.g. negativity and impulse) 8. Recognising and managing the need for peer approval 9. Self-organisation (including time management) 	<ol style="list-style-type: none"> 1. Active listening 2. Empathy 3. Communication 4. Team working 5. Negotiation (including flexibility, self-advocacy and compromise) 6. Recognising and utilising strategies for managing pressure, 7. Responding to the need for positive affirmation for self and others 	<ol style="list-style-type: none"> 1. Formulating questions 2. Gathering and using data 3. Analysis (including separating fact from opinion) 4. Planning and deciding 5. Recalling and applying knowledge creatively and in novel situations 6. Drawing and defending conclusions using evidence and not just assertion 7. Identification, assessment (including prediction) and management of risk 8. Evaluating social norms Reviewing progress against objectives

Based on 2 hour sessions	CE1	CE2	CE3	CE4	CE5	CE6
PSHE EQ	Relationships	Living in the wider world	Health and Wellbeing	Relationships	Living in the wider world	Health and Wellbeing
Date	Monday 11th October	Tuesday 23rd November	Wednesday 2nd Feb	Thursday 10th March	Tuesday 3rd May	Wednesday 23rd June
Periods	P1-2	P1-2	P1-2	P1-2	P1-2	P1-2
Year 7	Interpersonal skills	Enterprise Activity (GBa)	Personal Hygiene	Healthy relationships	Human rights	Sex Education (RSE)
Year 7	Team working		Personal Hygiene	Relationships and Feelings	Fair trade	Sex Education (RSE)
Year 8	What classes as bullying	Global Citizenship (Amnesty)	Wellbeing - Drugs and Alcohol	Careers (GBa)	The law and weapons	Positive and negative personality traits
Year 8	How to deal with bullying	Global Citizenship (Amnesty)	Wellbeing - Drugs and Alcohol		The law and gangs	How we learn
Year 9	Consent in sexual relationships	Diversity	Personal Finance (GBa)	Types of orientation/gender etc	The dangers of Gambling	Sexual Health (STIs)
Year 9	Consent in sexual relationships	Racism and Extremism		LGBT+ Rights	Addiction	Sexual Health (STIs)
Year 10	Sex and sexuality and the media	RS Speaker conference 1 (TMu/SLe)	Mental Illness	RS Speaker conference 2 (TMu/SLe)	Types of Work	Local Health services
Year 10	The dangers of pornography		Mental Health and Resilience		Jobs and Rights	Eating disorders
Year 11	Careers (GBa)	Peer Pressure	RS Speaker conference 3 (TMu/SLe)	Sexual Health (Nurse Talk)	RS Speaker conference 4 (TMu/SLe)	
Year 11		Finance and Moral issues		Sexual Health (Nurse Talk)		