

FAMILIES AND COMMUNITY TEAM

## PARENT WORKSHOPS



### Suicide and Self-harm Awareness (90 minutes)

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent workshop** which will provide information, advice and strategies to empower parents to effectively support their children with their wellbeing.

The Programme is available to families in **Cheshire East** and will be held **at Visyon in Congleton** for **face-to-face** delivery. If you would like to book a place on the Programme, please contact [FamiliesandCommunitiesTeam@visyon.org.uk](mailto:FamiliesandCommunitiesTeam@visyon.org.uk) who will contact you with further details. Places are limited and will be allocated on a first come basis.



### Parent Workshops – Suicide and Self-harm Awareness

- Monday 24<sup>th</sup> April 2023 at 10.00 am – 11.30 am.